

A CPR [Cardiopulmonary Resuscitation Awareness] program was organized at ESIC Peenya from 13<sup>th</sup> October to 17<sup>th</sup> October as part of the CPR Awareness Initiative. The event was inaugurated on 14/10/25 in registration area in the presence of DMS Dr Naveen SL, Shri Baijnath Mandal DD(Fin), Dr Kalyan Rao- HOD Dept of Anesthesiology, Dr Vishwanath- Specialist Anesthetist, Smt Kavitha- Incharge Matron, Dr Darshan SR , Nursing Staff and IPs with CPR Pledge . The main objective was enhancing awareness and preparedness among the general public in responding to cardiac emergencies. The session focused on imparting knowledge about the principles and techniques of Basic Life Support, including timely recognition of cardiac arrest, chest compressions, airway management and rescue breathing. The participants were provided with live demonstration and hands on training using mannequins to reinforce practical understanding.

On 15<sup>th</sup> and 16<sup>th</sup> Oct CPR demo on mannequin was conducted in Medicine OPD waiting area by anaesthesia SRs Dr Darshan, Dr Puneeth and Dr Sushma for IPs and their dependants and also gave them hands on training.

A quiz was conducted on 17<sup>th</sup> October for the staff and the winners were awarded prizes.

The event concluded with an emphasis on crucial role of prompt CPR intervention in improving survival outcomes and promoting community responsibility in emergency response situations.

